

# Getting Your Shot in Western North Carolina



## What do I need to know about getting the vaccine?

- **There will be enough vaccine for us all.**  
You will have a spot to take your shot! Hundreds of thousands in western North Carolina have gotten theirs!
- **The vaccines help prevent COVID-19.**  
They keep people out of the hospital and prevent death.
- **You can't get COVID-19 from the vaccine.**  
But, you may have short-term side effects like a sore arm, fever, or headache. You could feel tired or achy. For most people, this will go away in a day or two.
- **The vaccines are free, even if you don't have health insurance.**
- **You do not need an ID card to get a vaccine.**  
But you may be asked for a name, address or birth date. This is so we know who has had their shot. Also so that staff can contact you about your shot if needed. This information is not shared with CDC, ICE or any other group.
- **Even after getting the shot, you should still take steps to stop the spread of COVID-19.**  
Follow the 3 Ws—wear a mask, wait 6 feet apart from others and wash your hands.

## How do I sign up to get my shot?



Go to [www.myspot.nc.gov](http://www.myspot.nc.gov) to find out where to sign up for a shot near you.



You can also call the state's COVID-19 Vaccine Help Center toll-free at **1-888-675-4567**.



You can also call these numbers for your county to ask questions about the vaccine, and how to get one when it's your turn:

Avery .....	<b>828-733-8273</b>
Buncombe .....	<b>828-419-0095 / <a href="http://buncombeready.org">buncombeready.org</a></b>
Cherokee .....	<b>828-837-7486</b>
Clay .....	<b>828-389-8052</b>
Eastern Band of Cherokee Indians .....	<b>828-497-9163</b>
Graham .....	<b>828-479-7900</b>
Haywood .....	<b>828-356-2019</b>
Henderson .....	<b>828-585-4700</b>
Jackson .....	<b>828-631-HELP</b>
Madison .....	<b>828-649-0755</b>
Macon .....	<b>828-349-2517</b>
MAHEC at UNC Asheville .....	<b><a href="http://covid.mahec.net">covid.mahec.net</a></b>
McDowell .....	<b>828-803-4552</b>
Mitchell .....	<b>828-688-2371</b>
Polk .....	<b>828-722-5086</b>
Swain .....	<b>828-488-3198</b>
Transylvania .....	<b>828-884-4007</b>
Yancey .....	<b>828-682-6118</b>

*Find your spot to take your shot!*



### We care about your health!

This information was brought to you by local health departments, hospitals & our partners in the region.

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